



Through virtual to real
conference for and about teens



"One of the hardest things was learning that i was worth recovery"

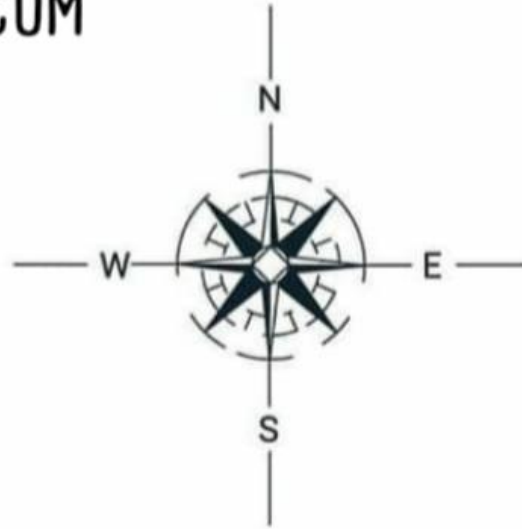
Piet Broenland

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*My name is Piet
Broenland. I am an
experienced certified
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specialization in
addiction & addictive
behavioural.*



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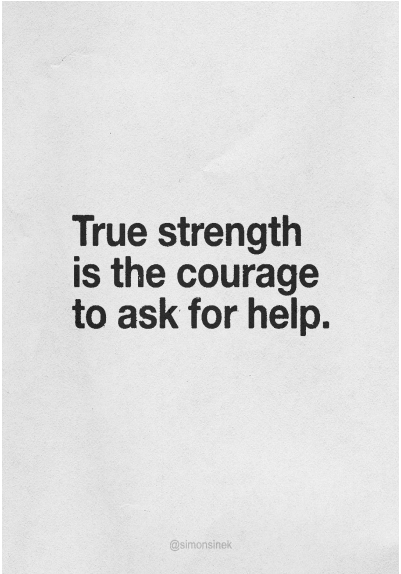
Piet will share his personal experience with addiction, conflicts with the law, jail sentences and the way to his recovery. After many years battling with my addiction, I stopped using mind and mood altering chemicals in 2008. My life changed after i was introduced to a self-help program. Together with an addiction treatment, based on the Minnesota model, i started my recovery. I have been clean ever since. I have found a new way of life by adapting the tools of the treatment and following this self-help program on a daily basis and I am now a succesfull member of society. And a happy free man.

I developed myself by following colleges, studies and training programs that have given my life and my career a far more professional content. I am working for more than 10 years with a lot of fun and dedication in health care. I have worked with various clients, including mentally limited, autistic and deaf clients, psychiatric patients and with addicts in recovery. I have now bundled my experience and knowledge to help counseling those people who have reached their bottom in drug use and/or addictive behavioural and maybe help them find their Ikigai like I did. This presentation will be personal, honest and vulnerable but at the same time powerfull and uplifting

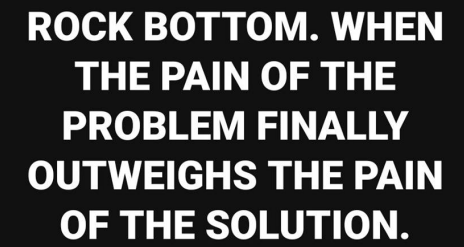




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hardest things
was learning
that I was
worth recovery.**



**True strength
is the courage
to ask for help.**



**ROCK BOTTOM. WHEN
THE PAIN OF THE
PROBLEM FINALLY
OUTWEIGHS THE PAIN
OF THE SOLUTION.**

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